Bourne for Children Resource Directory 2026

Bourne For Children CFCE Resource Directory 2026

This Resource Directory was compiled by the Bourne For Children Parent Leaders and the CFCE Coordinator through the Families First and EEC Community Impact Project Extension Grant. The following is public information and is not intended as a personal recommendation from Bourne For Children CFCE. For more information, visit our website: **www.BourneForChildren.org** or call 508-743-3800 x6751

Bourne For Children is a MA State Coordinated Family and Community Engagement Grant (CFCE) that is awarded to the Bourne Public School. Our mission is to provide support that strengthens families, promotes optimal child development, and bolsters school readiness. Bourne For Children also provides families with access to local comprehensive services. All of the CFCE events and programs are free and support the following 5 Protective Factors:

1. Parental Resilience
2. Knowledge of Parenting and Child Development
3. Children's Social and Emotional Development
4. Social Connections
5. Concrete Support in Times of Need

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Important Town Numbers

BOURNE FIRE DEPT.
Emergency- 911
Non Emergency- 508-759-4411
Business- 508-759-0600 ext. 2

BOURNE POLICE DEPT.
Emergency-911
Non Emergency- 508-759-4451
Business- 508-759-4420

BOURNE TOWN HALL
508-759-0600
ext. 1 Town Hall
ext. 2 Fire
ext. 3 Department of Public Works
ext. 4 Department of Integrated Solid Waste Management
ext. 5 Community Building (Recreation Dept. and Council on Aging)
ext. 6 Jonathan Bourne Public Library

BOURNE TOWN HALL WEBSITE
www.townofbourne.com

Bourne Public Schools

BOURNEDALE ELEMENTARY SCHOOL (BES)
PreK- Grade 1
508-743-3800
41 Ernest Valeri Road
Buzzards Bay, MA 02532

BOURNE INTERMEDIATE SCHOOL (BIS)
Grade 2-4
508-759-0680
70 Trowbridge Road
Buzzards Bay, MA 02532

BOURNE MIDDLE SCHOOL (BMS)
Grade 5-7
508-759-0690
77 Waterhouse Road
Bourne, MA 02532

BOURNE HIGH SCHOOL (BHS)
Grade 8-12
508-759-0670
75 Waterhouse Road
Bourne, MA 02532

SCHOOL ADMINISTRATION BUILDING
508-759-0660

SPECIAL EDUCATION DEPARTMENT
508-759-0673

BOURNE PUBLIC SCHOOL WEBSITE
www.bourneps.org

Basic Needs

DEPARTMENT OF TRANSITIONAL ASSISTANCE (DTA)
877-382-2363
www.mass.gov/dta
Provides food, cash benefits, and other services to help you meet your basic needs and achieve economic mobility.

FALMOUTH SERVICE CENTER
508-548-2794
611 Gifford Street, Falmouth, MA 02540
www.falmouthservicecenter.org
Multi-service agency that offers an extensive food pantry, financial services, and housing assistance.

MASS 211
Dial: 2-1-1
www.mass211.org
Connects callers to information about critical health and human services available. It serves as a resource for finding government benefits and services, nonprofit organizations, support groups, volunteer opportunities, donation programs, and other local resources.

FINDHELP
617-727-8957
https://childrenstrustma.findhelp.com/
Connects you to local resources like childcare, housing, parenting support, transportation, food, health care, and more.

Food

BOURNE FOOD PANTRY
508-759-3351
121 Main Street, Buzzards Bay, MA 02532
www.friendsofbournecoa.org/friends-food-pantry/
Available to Bourne residents, families may choose food which is equivalent to a week's worth of groceries. Delivery is available to elderly and disabled residents.

CAPE COD COOPERATIVE EXTENSION- NUTRITION EDUCATION PROGRAM
508-375-6884
Barnstable County Complex
3195 Main Street
Barnstable, MA 02630
www.capecodextension.org/nutrition
Provides individuals, families and communities with the knowledge and skills that empower them to make informed choices about healthy diets, efficiently manage food resources, and reduce the risks of chronic diseases and food-borne illness.

FAMILY PANTRY OF CAPE COD
508-432-6519
George P. Morris Building
133 Queen Anne Rd
Harwich, MA 02645
www.thefamilypantry.com
Choice food pantry available to families which may be utilized once every ten days.

Food

FAMILY TABLE COLLABORATIVE
508-348-9777
1338 MA-28
South Yarmouth, MA 02664
www.familytablecollaborative.org
Distributes prepared meals directly to individuals and families.

PROJECT BREAD
1-800-645-8333
www.projectbread.org
145 Border St
Boston, MA 02128
Free and confidential for all MA residents. Food Source Hotline provides free, expert assistance in accessing local food resources and federal nutrition programs.

SNAP
508-771-1727
Community Action Committee of Cape Cod. Hyannis, MA
https://www.cacci.cc/programs/snap-outreach/
www.usa.gov/food-stamps
SNAP provides food benefits to low-income families to supplement their grocery budget so they can afford the nutritious food essential to health and well-being.

WIC Program
508-295-0056 Wareham/508-771-7896 Hyannis/508-540-9742 Falmouth
106 Main Street #5
Wareham, MA 02571
https://healthimperatives.org/cape-cod/
www.mass.gov/orgs/women-infants-children-nutrition-program
Provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age 5 who are found to be at nutritional risk.

Clothing

A BABY CENTER
508-771-8157
232 Main st
Hyannis, MA 02601
www.ababycenter.org
Supplements critical basic needs that ensure the good health and safety of babies who live on Cape Cod and the Islands.

BOURNE UNITED METHODIST CHURCH
508-759-4898
31 Sandwich Rd
Bourne, MA 02532
bcwfparish.org/bourne-united-methodist-church/
Thrift Shop that provides a variety of items. Free children's clothing is available on the first Saturday of the month from 10am-noon.

CAPE KIDS' TREASURES
www.capekidstreasures.com
Children's Consignment Pop-up sale for consignors and buyers. Check out their facebook page for updates on sale dates and locations.

St. VINCENT DE PAUL THRIFT SHOP
508-540-0505
https://svdpstjosephfalmouth.org/
18 Davisville Road
East Falmouth, MA 02536
Thrift store that sells clothing, shoes, housewares, toys, children's books and more.

Housing Assistance

HAC (HOUSING ASSISTANCE CORPORATION)

508-771-5400

www.haconcapecod.org

Provides housing crisis assistance and housing stabilization services. Provides counseling, education and resources that families need to get housed, stay housed, and further their personal financial goals.

BOURNE HOUSING AUTHORITY

508-563-7485

www.bournehousing.org/

Provides affordable housing for senior citizens, families, and people with special needs at properties located in Bourne,

Family Support

A CITIZEN'S GUIDE TO MASSACHUSETTS STATE SERVICES

800-392-6090

www.sec.state.ma.us

A comprehensive guide containing information about state services, agencies and contact points.

BAMSI

508-947-8779

www.bamsi.org

BAMSI Kids provides support for children from birth through adulthood via an integrated array of services, addressing physical, emotional, intellectual, and social development. BAMSI's wraparound process provides each family with individualized care and helps with everything from accessing nutritional assistance to parent support groups.

Family Support

BIG BROTHER/BIG SISTER
508-771-5150 x101
www.emassbigs.org/cape-cod
Bringing caring adults and deserving children together.

BOURNE FOR CHILDREN
508-743-3800 x6751
www.BourneForChildren.org
A grant-funded CFCE (Coordinated Family and Community Engagement) program awarded to the Bourne Public School by the MA Department of Early Education and Care. All programs and events are FREE and geared toward families with infants through age 6. We offer play and learn groups, kindergarten transition programs, STEM activities, parent education and workshops, information on child development, and community events.

BOYS & GIRLS CLUB
508-477-8845
www.boysgirlsclubcapecod.org
Provides after-school programs, programs during school vacations and summer camps.

Family Support

CAPE ABILITIES
508-778-5040
capeabilities.org/
Supports individuals with disabilities on Cape Cod by educating, counseling, and providing residential, therapeutic, social and employment supports that empower individuals to achieve meaningful and valued roles in the community.

CAPE COD CHALLENGER CLUB
508-420-6950
www.capecodchallenger.org
Enriching the quality of life for children and adults with physical and/or developmental disabilities by providing opportunities to participate in athletic, recreational and social activities most often not available to them under typical circumstances.

CAPE COD CHILDREN'S PLACE- FIRST STEPS TOGETHER
508-240-3310
www.capecodchildrensplace.com
Free parent education programs and playgroups promoting early literacy and community connections for isolated families. Also provides programming for families affected by substance abuse and support groups for grandparents raising grandchildren.

Family Support

CAPE COD FAMILY RESOURCE CENTER
508-815-5100
www.capecodfamilyresourcecenter.org
Free family support services, family partners, clinical assessments, referrals, and school support services that aim to nurture, support and educate children, parents and other caregivers.

CAPE COD FOSTER CLOSET
508-514-7125
www.capecodfostercloset.org
Help local foster families by providing urgently needed clothing, shoes, books, baby gear and furniture, formula, car seats and more.

CAPE COD HEALTHCARE
www.capecodhealth.org
Childbirth and parenting education and support groups.

CAPE COD NEIGHBORHOOD FUND
508-778-5661
www.neighborsfund.org
Provide urgent financial assisance and resources to our Cape & Island neighbors.

CAPE COD NEIGHBORHOOD SUPPORT COALITION
508-771-4336
www.capecoalition.com/
Promotes community-based family support initiatives to help prevent child abuse and neglect.

Family Support

CATHOLIC SOCIAL SERVICES
508-771-6771
www.ccfrdioc.org
Adoption program, immigration services, 12 week citizenship classes, ESOL classes, clergy sexual abuse, referrals for financial aid.

CHILDREN'S BEHAVIORAL HEALTH INITIATIVE
www.mass.gov/childrens-behavioral-health-initiative-cbhi
Helping MassHealth children with behavioral, emotional, and mental health needs and their families with integrated behavioral health services and a comprehensive, community-based system of care.

CHILD CARE NETWORK/COMMUNITY ACTION COMMITTEE
508-778-9470
www.cacci.cc
Information on vouchers and tuition assistance. Education opportunities for parents and early education professionals.

CHILDREN'S COVE
508-375-6924
www.childrenscove.org
Provides advocacy and support for children who have been victims of sexual abuse, severe physical abuse, witness to domestic violence or sexual exploitation.

Family Support

EARLY INTERVENTION
508-418-5540
www.kdc.org
Provides educational, therapeutic and support services to families with young children who have developmental delays or who may be at risk for delays.

FEDERATION FOR CHILDREN WITH SPECIAL NEEDS
1-800-331-0688
www.fcsn.org
Provides education, early intervention, health care, transitions, children in foster care and group homes, and building strong family engagement to support all children.

FIRST STEPS TOGETHER, a Program of Cape Cod Children's Place
774-722-3305 Christina Russell
https://capecodchildrensplace.com/family-support/first-steps-together/
Home visiting program that serves both moms and dads with either current or past opioid and/or stimulant use.

HEALTHCARE ACCESS LINE (MULTI-LINGUAL)
617-740-1600 VOICE
617-740-1700 TTY

Family Support

INDEPENDENCE HOUSE
1-800-439-6507
508-771-6507
www.independencehouse.org
Provides free and confidential services to children, teens, and adults who are survivors of or impacted by domestic and sexual violence.

JRI
508-771-3156
www.JRI.org
Diverse programs meeting the needs of under served individuals, families and communities. Provide various community based services for children, youth, and young adults with social emotional struggles.

MY BROTHER'S KLEEPER
774-305-4577 Dartmouth/ 508-238-7512 Easton
https://www.mybrotherskeeper.org/who-we-are/
Delivers food and furniture to families in need.

WE CAN
508-430-8111
www.wecancenter.org
Supports and empowers women to build pathways to stability and self sufficiency. Services are free and confidential.

Parenting

ONE TOUGH JOB

www.OneToughJob.org

Providing parenting support and coaching, and a network of family support organizations.

PARENTAL STRESS LINE

1-800-632-8188

www.parentshelpingparents.org

24 hours, 7 days a week, Confidential, Anonymous, Toll-free helpline

PARENTS HELPING PARENTS

1-800-632-8188

www.php.com

Helping children and adults with special needs receive the support and services they need to reach their full potential by providing information, training and resources to build strong families and improve systems of care.

SANDWICH MOTHER'S CLUB

www.sandwichmothersclub.com

Social club that provides a way for caregivers and their children to connect through playgroups and events. Moms from all Cape Cod towns welcome.

Parenting

THE MA CENTER FOR UNEXPECTED INFANT AND CHILD DEATH

617-414-7437

www.magriefcenter.org

Supports families, communities and professionals after an unexpected death during pregnancy, infancy, or early childhood.

THE WARM LINE BREASTFEEDING SUPPORT

1-888-890-2229

www.womenandinfants.org/warm-line

Offers helpful information regarding your new baby, breastfeeding tips and postpartum issues.

TEXT4BABY

www.text4baby.org

App with personalized health information. Provides text message reminders for appointments.

ZERO TO THREE

www.zerotothree.org

Offers articles, tips, and events for parents of children ages 0-3. Available in Spanish.

Mental Health

BAY COVE HUMAN SERVICES CAPE COD
833-229-2683
www.baycovecapecod.org
Crisis intervention and stabilization for youth and adults.

B FREE WELLNESS
www.bfreewell.org
Mental Health, physical wellness, and holistic services.

BRIGHTER BEGINNINGS by Kairos counselings
774-255-1701
www.kairoscounselings.org
Offers individual counseling and family support for youth (0-17) and their families.

CAPE BEHAVIORAL HEALTH
508-862-0514
nehs.transformationsnetwork.com/individual-locations/cape-behavioral/
Mental health counseling, medication management, psychological testing and evaluation.

CHILD AND FAMILY SERVICES OF CAPE COD
800-576-9444
www.cfservices.org
Home based mental health and counseling service for children, youth, parents and families.

Mental Health

COMMUNITY HEALTH CENTER BEHAVIORAL HEALTH
508-477-7090
www.chcofcapecod.org/services/behavioral-health
Mental health care provided by social workers, behavioral health counselors, and psychiatrists.

ENLIGHTENED INTERVENTIONS-CAPE COD
508-317-2323
www.enlightenedinterventionsllc.org
Mental health counseling and wellness services.

FAMILY CONTINUITY
508-862-0273
www.familycontinuity.org
Home-based mental health and counseling services to families, medication management, and clinic counseling.

GOOD GRIEF CAPE COD
774-392-8150 ask for Amy
www.goodgriefcapecod.org
Provides opportunities, information, and workshops that help children and families cope with death.

Mental Health

GOSNOLD BEHAVIORAL HEALTH
508-540-6550
gosnold.org/
Provides services for behavioral health and substance use disorders.

HEALTH MINISTRY
774-470-4946
healthministryusa.org/
Provides opportunities to promote spiritual, mental and physical wellness through health education programs, physical activities and disease prevention.

JRI
508-771-3156
www.JRI.org
Diverse programs meeting the needs of under served individuals, families and communities. Provide various community based services for children, youth, and young adults with social emotional struggles.

MASSACHUSETTS BEHAVIORAL HEALTH HELPLINE
833-773-2445
www.masshelpline.com
Provides urgent care for mental health and substance abuse. If you or someone you care about is struggling with mental health or substance abuse, call or text 24/7, including holidays.

Mental Health

NATIONAL ALLIANCE FOR THE MENTALLY ILL (NAMI)
508-778-4277
www.nami.org
Provides advocacy, education, support, and referral services for individuals and families affected by mental illness.

POSTPARTUM SUPPORT
Helpline: 1-800-944-4773
www.postpartum.net
www.postpartumstress.com

SAGAMORE COUNSELING
508-333-1375
801-678-3317 **HOTLINE**
www.sagamorecounseling.com
Behavioral skills and counseling for kids and families

SHARING KINDNESS
508-237-0441
www.sharingkindness.org
Grief-focused, trauma-informed peer support programs for specific age groups, relationships, and types of loss.

Hotlines

CRISIS TEXT LINE
Text **HOME** to 741741 any time, day or night
For anyone experiencing a crisis, including drug and alcohol dependency, suicidal impulses, family problems, and other personal difficulties.

DEPARTMENT OF CHILDREN & FAMILIES (DCF)
800-792-5200 - call to report child abuse and neglect
https://www.mass.gov/orgs/massachusetts-department-of-children-families

DOMESTIC VIOLENCE
877-785-2020
www.mass.gov/info-details/massachusetts-safelink-resources
www.casamyrna.org/chat

NATIONAL DRUG HELPLINE
1-844-289-0879 any time, day or night
www.drughelpline.org

NATIONAL INSTITUTE OF MENTAL HEALTH INFO RESOURCE CENTER
English and Spanish at 1-866-615-6464

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-8255
www.988lifeline.org

POISON CONTROL
800-222-1222
www.poison.org

SUICIDE PREVENTION - SAMARITANS
Text 988
www.samaritanshope.org

General

BARNSTABLE COUNTY DEPT. OF HUMAN SERVICES
508-375-6628
https://www.capecod.gov/departments/human-services/
https://barnstable.ma.networkofcare.org/ph/

MASS HIRE
508-771-5627
www.masshire-cicc.com

NEEDY FUND
508-778-5661
www.needyfund.org

Urgent Care

CAPE COD HEALTHCARE URGENT CARE- Sandwich
508-833-2639
2 Jan Sebastian Drive, Sandwich, Ma 02563

CONVENIENTMD URGENT CARE
774-255-3010
40 Davis Straits, Falmouth, Ma 02540

FALMOUTH URGENT CARE
508-495-8000
273 Teaticket Highway, Falmouth, Ma 02540

SOUTHCOAST URGENT CARE
508-273-1810
2421 Cranberry Highway, Wareham, Ma 02571

Healthcare

COMMUNITY HEALTH CENTER-Bourne
508-477-7090
123 Waterhouse Road, Bourne Ma 02532
chcofcapecod.org/locations/bourne

HEALTH IMPERATIVES
508-583-3005
942 West Chestnut Street, Brockton, Ma 02301
www.healthimperatives.org

PMG PHYSICIAN ASSOCIATES- Bourne
508-743-9543
2 Technology Park Drive, STE A, Bourne MA 02532
www.atriushealth.org/locations/bourne

Transportation

CCRTA
508-385-1430

DART
508-775-8504

GATRA
978-795-4406

PETER PAN
800-343-9999

PLYMOUTH & BROCKTON
508-746-0378

RED CROSS MEDICAL TRANSPORTATION
508-775-1540

Preschools

BOURNE INTEGRATED PRESCHOOL (Bournedale Elementary)
508-743-3800
www.bourneps.org

BRIDGEVIEW MONTESSORI
508-888-3567
www.bridgeviewmontessori.org

THE CADENCE ACADEMY
508-563-3400
www.cadence-education.com

CANALSIDE LEARNING CENTER
508-759-7711 ext.435
www.uppercapetech.com/community-clone

COAST GUARD CHILD DEVELOPMENT CENTER (CDC)
508-968-6450
mwrcapecod.com/facilities/child-development-center

DISCOVERY PRESCHOOL
508-759-2988
discoverypreschoolbuzzardsbay.com/Home_Page.html

HEAD START SOUTH SHORE COMMUNITY ACTION COUNCIL
508-927-5772
www.sscac.org

RAINBOW PRESCHOOL
508-888-1061
www.therainbowpreschool.com

Licensed Home Childcare

BEAUTIFUL BEGINNINGS
Cheriann Strom
774-836-2532
stromcb@comcast.net
Birth through school-age
Easting Road, Bourne

STEPHANIE LOPES
508-743-5745
stephanielopes@verizon.net
Erin Lane, Bourne

Military Family Resources

JBCC EMPOWERMENT CENTER (MASSACHUSETTS MILITARY SUPPORT FOUNDATION)
Families may get up to 50lbs of groceries free each week, Personal and Baby items are also available.
1015 South Inner Road, Buzzards Bay 02542
www.mmsfi.org

JOINT BASE CAPE COD FRESH MARKET
Inside Dining Facility Building #1200 at the intersection of W. Inner Rd. And S. Inner Rd. Market is open Bi-Monthly on Wednesdays 3-5pm

BASE CAPE COD LOCAL HOUSING OFFICE *
508-968-6505

CHILD DEVELOPMENT CENTER (CDC) *see page 26*
508-968-6450

FAMILY ADVOCACY SPECIALIST*
Laura Linback (617) 835-8601
Email: Laura.m/linback@uscg.mil
Assessment, treatment and management of child abuse/neglect and domestic violence cases. Domestic violence and abuse prevention education. Families in need of services (FINS) support

FAMILY RESOURCE SPECIALIST*
Stephanie Thayer (857) 416-3121
Email: Stephanie.s.thayer@uscg.mil
Special Needs Program, Dependent scholarship/grant information, Adoption reimbursement and Elder/childcare resources.

* Coast Guard Families Only

Military Family Resources

SPECIAL NEEDS PROGRAM*
Stephanie Thayer (857) 416-3121
Email: Stephanie.s.thayer@uscg.mil
Provides resources for Coast Guard family members that pertain to medical, psychological and physical conditions.

CHILD DEVELOPMENT SERVICES SPECIALIST AND FAMILY CHILD CARE COORDINATOR*
Maura Redy (617) 851-4759
Email: Maura.redy@uscg.mil
Family Child Care Program, Child Care Subsidy and Child Care Referrals, Educational Resources and Referrals.

CG SUPRT*
www.cgsuprt.com
(855) 247-8778
Free, Confidential Services Provided: Non-medical counseling, Health Coaching, Personal Financial Wellness, Legal Services, Education and Career Counseling

BASE CAPE COD MWR
www.mwrcapecod.com
Youth Center (508) 968-6446
MWR provides a wide range of services, programs and activities for all personnel and their families. There is an MWR ticket office, youth programs, sports and recreation, beach pass program, as well as facility and gear rentals.

COAST GUARD MUTUAL ASSISTANCE*
https://mycgma.org/
Provides interest-free loans, grants, counseling, referrals and other help. Our assistance programs focus on situations requiring immediate attention for essentials and solving temporary problems.

* Coast Guard Families Only

Military Family Resources

BLUE STAR FAMILIES

www.bluestarfam.org

Empowers families to thrive as they serve. BSF is committed to strengthening military families by connecting them with their neighbors to create vibrant communities of mutual support. They provide: Job and Career Training, Family Care and Support, Community Building services.

MILITARY CHILD EDUCATION COALITION (MCEC)

www.mic3.net

The Compact deals with the challenges of military children and their frequent relocations. It allows for uniform treatment as military children transfer between school districts in member states. Note: The Compact only applies to public schools.

OPERATION PURPLE CAMP

www.militaryfamily.org

Operation Purple Camp offers military kids a free week of camp where they connect with other kids, just like them.

SESAME STREET FOR MILITARY FAMILIES

https://sesamestreetformilitaryfamilies.org

This website celebrates the unique role of military children by offering them and their parents a wide range of resources, from engaging videos and fun apps to helpful tip sheets and articles.

HEROS IN TRANSITION (HIT)

www.heroesintransition.org

For veterans, service members and their families. HIT provides assistance that's not readily available from government agencies or other providers.

Resources for Grandparents Raising Their Grandchildren

CAPE COD NEIGHBORHOOD SUPPORT COALITION (CCNSC)

(508) 771-4336

www.capecoalition.com/grandparents-kinship-families/

Offers services to support Grandparents, and others in a Kindship role, by providing support groups, resources, information, etc.

EMAIL: familysupport@capecoalition.com

THE COMMISSION ON THE STATUS OF GRANDPARENTS RAISING GRANDCHILDEN

(617) 748 2454

www.massgrg.com

Resources, support, tip sheets, Kindship Navigator and the latest news.

EMAIL: massgrg@mass.gov

BOURNE COUNSIL ON AGING

508-759-0600 Ext. 5227 Kari Phinney, Program Facilitator

https://www.bourne-ma.gov/1929/Council-on-Aging-Department

The Bourne Council on Aging provide support to grandparents who are raising their grandchildren with information and referral, a resource library, educational and intergenerational programs.